

Courses and Webinars in Commemoration of 200 Years of Greek Independence Osher Lifelong Learning Institute at the University of Denver (OLLI at DU)

Registration begins on February 22

Register at: https://reg134.imperisoft.com/OLLIatDU/search/registration.aspx

For information on any of these offerings, please contact:

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DATES	COURSE - all via Zoom
Monday PM 8 weeks	Course Topic: Manifesting Your Memoir: Capturing the Stories & Images of Your Life
3/29-5/17	Instructor: Dr. Kent Rautenstraus
	Dr. Kent Rautenstraus , a professional pianist, is energized to share the enjoyment and self-discovery through writing. A Journalism major who worked on newspapers "back in the day," Kent writes feature articles for magazines that bring forward potent life principles through the examination of someone's personal experiences. He facilitates classes on Creativity; the Power of Music; and Harnessing Curiosity, Questions, and Writing for self-awareness
	Description: Now, be honest – you've been thinking about writing down stories and events from your life but have been too overwhelmed to begin until now! This fun and inter-active class shares writing exercises that assist in capturing the story of a lifetime – our unique story to pass on to our grandchildren!.

During the first four weeks Kent will introduce simple writing prompts and processes to shape a memoir. We will have a guest speaker - a photographer who will focus on curating photos and images to include in your memoir.

During the second four weeks Kent will unfold a 30-day method that creates the memoir. Enjoy recorded music selections along the way as accompaniment to class processes and sense a shared humanity through heartfelt class interactions. Above all, take away the fulfilment of finally committing to writing down significant moments from your life. Memoir isn't the summary of a life, writer William Zinsser says, "it's a window into a life."

Tuesday PM 8 weeks 3/30-5/18

<u>Course Topic:</u> The Threshold of Democracy: Athens in 403 BCE - Exploring Ancient Greece through Role-play

Instructor: Dr. Matt Maher

Dr. Maher has been teaching history at the Metropolitan State University of Denver since 1995. Besides Ancient Greece, some of the courses Dr. Maher has taught include World War II, World History, American Civilization, American Culture, Contemporary World History, East Asian History, Western Civilization, French Revolution & Napoleon, United States History, and Multicultural America.

Description:

In the course, we will explore the realities of Athenian democracy via a detailed role emersion game. Everyone will be given a role to play, participate in the Assembly, and collectively we will learn why history unfolded in the ways so particular to Greece.

The Threshold of Democracy: Athens in 403 BCE recreates the intellectual and political dynamics of one of the most formative periods in Western history. After nearly three decades of war, Sparta has crushed democratic Athens, destroyed its warships and great walls, and installed a brutal regime, the "Thirty Tyrants." Their bloody excesses led to a brief civil war and, as the game begins, the tyrants have been expelled and democracy restored. But questions remain.

Is direct democracy, as Pericles conceived of it, an effective mode of governance? If so, why did Athens lose the Peloponnesian War to anti-democratic Sparta? Should Athens retain a political system in which all decisions are made through open debate by an assembly of six thousand citizens? Should leaders and magistrates continue to be chosen by random lottery? Should citizenship be broadened to include slaves who fought for the democracy and foreign-born *metics* who paid taxes in its support? Should Athens rebuild its defensive walls and warships and again extract tribute from city-states throughout the eastern Mediterranean?

Or should Athenian citizens listen to the critics, to the followers of Socrates, who advocate a governing elite chosen for its intellectual merit and philosophical disposition?

Wednesday PM 4 weeks 3/31-5/19

Course Topic: Indomitable Greece: Travel, History, Culture, and Impact"

Instructor: Bruce Caughey

Bruce Caughey has traveled, lived, and worked in more than 30 countries. Caughey has had a lifelong interest in Greece, and specifically the island of Crete. He lived there for a year, learning to speaking the language while writing and researching Crete: Off the Beaten track. He has returned to Greece repeatedly over the years to visit and explore diverse sites on the mainland and islands. In his education career, he served as the executive director of the Colorado Association of School Executives (CASE) during an 11-year tenure and more recently as the interim president and CEO of the Public Education and Business Coalition (PEBC). Caughey lives in

Denver with his wife Tanya, is the proud father of two teachers and the co-author of bestselling guidebooks, including: Crete: Off the Beaten Track, The Colorado Guide (five editions) and Colorado's Best (two editions) and many periodicals about travel, education, and current events. Library Journal called The Colorado Guide, "The most complete guide to Colorado in existence ... recommended for all travel collections."

Description:

The goal of this course is to provide a foundation of knowledge and information to help you unlock the mystery of the indomitable Greeks. We will listen to music, learn about food, and wine and appreciate the depth of Greek culture that became the cradle of western civilization. We will not ignore the downsides of Greece, but we will focus on the massive and lasting accomplishments that have stood the test of time. This includes art and architecture, the sciences, language, and government. We will learn about the places, the people, and the history of this fascinating and complex country. A few highlights:

- Learn about the monuments, places and landscapes that draw out the fascinating history and beauty of mainland Greece and islands.
- Learn how to escape the crowds and get off the beaten track
- Gain an appreciation of Greek culture, food, wine, music, and dance
- Respect the contributions Greek culture has made to science, medicine, government, philosophy, architecture, and humanity
- Learn how Crete was at the center of Europe's first advanced civilization: the Minoans,
- Understand and respect the strength of Greek spirit, culture and ideas that have survived and flourished despite so many challenges and, at times, occupying forces

Thursdays PM 4 weeks 4/1-4/29 **Course Topic:** The Ludlow Massacre & the History of Eastern European Immigrants in Colorado

Instructor: Dr. James Walsh

Dr. James Walsh is a Clinical Associate Professor in Political Science at the University of Colorado Denver, where he has taught for twenty-three years. He specializes in Irish Diasporic Studies, as well as Labor and Immigration History and Politics. Walsh is also the founder of the Romero Theater Troupe, an all-volunteer "organic" community theater that uses the stage to preserve the history of human rights struggles

Description:

This course will explore the story of the Ludlow Massacre and the historical context surrounding it. Students will trace the history of labor activism in early Colorado, leading to the larger story of eastern and southern immigrants making their way to Southern Colorado during the early 20th century. Along the way, we will examine the Ludlow Massacre through popular music, poetry, theater, and film. Students will meet local scholars whose work has contributed to this growing historiography. The course will culminate with an exploration of the legacy of Ludlow and Colorado's early Greek and Italian communities, looking at the memorial and other public history that calls attention to labor issues today.

On Campus Speaker Webinars - Tuesday Mornings 9:30-11:30 - SPRING 2021 - all via Zoom

DATE	Campus Speaker Webinars - Tuesday Mornings 9:30-11:30 - SPRING 2021 - all via Zoom SPEAKER/TOPIC
Tu 3/30/21	Presentation: The Impact of Greece (Ελλας) on Modern Civilization Etymology (Ετυμολογια)
	Speaker: Dr. Alec Tsoucatos AlecTsoucatos, PhD was born of Greek parents in Alexandria, Egypt a day before Pearl Harbor. He attended primary school at a British school (Victoria College) in Alexandria and finished Junior High and High School in Athens, Greece. He has lived in Egypt, Greece, England and America. He received his bachelor's and master's degrees at UC Berkeley and his PhD from CU boulder under the tutelage of Kenneth Boulding. His main interests are in new economics, integrative medicine, positive psychology and mystical Christianity.
	<u>Description:</u> Join popular OLLI at DU facilitator, Alec Tsoucatos, as he presents a brief history of the Greek spoken and written language(s). We will explore the wonderful wealth of Greek words and how they can inform our lives today. Etymology serves as guidance to thought and action in our troubled world.
Tu 4/6/21	Presentation: From Athena to Zeus: Greek Mythology in Classical Music
	Speaker: Betsy Schwarm Betsy is a classical music historian, classical radio host, music appreciation professor, preperformance speaker, and an author of nine books on classical music history. Betsy combines those backgrounds in her classes and talks for OLLI – and other organizations in the Denver metro area.
	Description: The ancient Greeks didn't invent 'classical music' as we know it, but they certainly provided abundant inspiration. Terpsichore, the music of the dance, and Apollo, god of music and the arts, were not to be overlooked, nor was Orpheus, whose singing so charmed the ruler of the Underworld that he returned Orpheus' beloved wife to the mortal world. As music historian Betsy Schwarm will show in this program, Grecian connections led to the creation of some marvelous music. The ninety-minute program will conclude with time for Q&A.
Tu 4/13/21	<u>Presentation:</u> Exclusion & Embrace: A Brief Survey of the History of Orthodox Christian Relations with Other Religions and What it Means for Modern Ecumenism and Pluralism
	Speaker: Fr. Andrew G. C. Kearns Fr. Andrew is a Greek Orthodox Priest and US Navy Chaplain. Specializing in Pastoral Care & Counseling, he is a doctoral student in the Vanderbilt Divinity School's Integrative Chaplaincy program. his two previous theses were entitled "Towards a Theological Praxis of Peace-building: Finding an Orthodox Perspective on Broadening the Approach to Societal Conflict Resolution" and "Weeping within the Tragic Mystery with Hope and Love of God: An Orthodox Christian Call for a Re-evaluation of the Pastoral Care of Pregnancy Loss." Working daily in a pluralistic setting, Fr. Andrew integrates with teams of secular helping professionals and religious ministry experts of various faiths to meet the spiritual and religious needs of Marines and Sailors. An experienced trainer, he works with these integrative teams to lead workshops on Suicide First Aid, Personal Growth, Spiritual Enrichment, Marriage Enrichment, Intimate Relationships, Communications, & Religious Education.

Description:

Join Fr. Andrew Kearns on a brief tour of Church History, Hagiography, and Theology, with a specific eye to how ancient and modern wisdom speaks to the Church's place in a pluralistic society. Explore ancient theological arguments about the place of others within the Kingdom of God; conflicting stories of saints waged ideological war against outside religions or 'reached across' religious boundaries in bonds of fellowship; and the central but conflicted legacy of Orthodox relations to Ecumenism. We will conclude with a discussion of what this may mean for the place of Orthodox Christians within Pluralistic organizations and movements today.

Tu 4/20/21 **Presentation**: The Impact of the Ecumenical Patriarchate on the Ecological Movement

Speaker: Fr. Chrysostom Frank

Fr. Chrysostom Frank is a Russian Greek Catholic priest. He currently serves SS. Cyril and Methodius Russian Greek Catholic Church in Denver and teaches at Regis University. Fr. Chrysostom is married to Marica Frank (neé Catacousinos), and they have three sons. Fr. Frank has a BA from Concordia College, an MDiv from Nashotah House Theological Seminary; he has also spent time at St. Vladimir's Orthodox Theological Seminary. Both Fr. Chrysostom and Marica have doctorates (in Church History and Classics respectively) from the University of St. Andrews in Scotland, where they met and were married. After working in South Africa from 1983 to 1999, the family moved to Denver. Included among the institutions where Fr. Chrysostom has taught are the University of Cape Town, the University of South Africa, Theological Academy (now the Ukrainian Catholic University) and Seminary in Lviv, St. John Vianney Seminary in Denver, and Regis University. He has given papers at conferences in South Africa, England, Sweden and the United States, and has published articles in various journals, including Greek Orthodox Theological Review, St. Vladimir's Theological Quarterly, Studia Historiae Ecclesiasticae, Ekklesiastikos Pharos, Theological Studies, Acta Patristica et Byzantina, Eastern Churches Journal, and Currents in Theology and Mission.

Description:

As we face of a looming ecological crisis, all Christians who affirm the first article of the ecumenical Creed are called to act to preserve the earth as God's gift of creation. To do this well, ecumenical thinking is needed. Christians from various communities are called to find commonality in their diverse theological traditions which can bring them together in a new "Eco-Reformation" for our own day. The "Green" Ecumenical Patriarchate of Constantinople, New Rome, has taken a primatial role in trying to bring about and to foster such a reformation among Christians and all people of good will. In doing this, the Patriarchate has dug deeply into the Eastern Christian tradition in order to articulate the relevance of Greek-Byzantine Christianity to a new and crucial problem within our present-day context. This work has the potential to enable Christians both to draw closer to one another, as well as to non-religious people and those in other religious traditions, and to empower us in the battle to preserve creation. As such, the Church of Constantinople, New Rome, the Second See in the Christian world, is fulfilling its ancient catholic ministry of pastoral care within the contemporary global oecumene

Tu 4/27/21 Presentation: Not Just Zorba the Greek: Greek-born Composers of Classical Music

Speaker Betsy Schwarm

Betsy is a music historian, classical radio host, music appreciation professor, pre-performance speaker, and author of nine books on classical music history. Betsy combines those backgrounds in her classes and talks for OLLI – and other organizations in the Denver metro area.

Description:

Greek mythology provided abundant inspiration for 'classical' composers, though it was generations before the Greeks began to write it themselves. Home-grown composers blended ideas borrowed from Greek folk dances and cultural history with elements of Western European classical music, creating a form of expression that was (and still is) uniquely their own. Music historian Betsy Schwarm will survey 150 years of Greek 'classical' composers. One name you'll likely recognize; one film score you probably will. Taken together, it'll be a range of compelling music from a refreshing cultural perspective. The ninety-minute program will conclude with time for Q&A.

Tu 5/4/21 | Presentation: The Impact of the Greek Revolution on the Universal Character of Greek Orthodoxy

Speaker: Fr. Chrysostom Frank

Fr. Chrysostom Frank is a Russian Greek Catholic priest. He currently serves SS. Cyril and Methodius Russian Greek Catholic Church in Denver and teaches at Regis University. Fr. Chrysostom is married to Marica Frank (neé Catacousinos), and they have three sons. Fr. Frank has a BA from Concordia College, an MDiv from Nashotah House Theological Seminary; he has also spent time at St. Vladimir's Orthodox Theological Seminary. Both Fr. Chrysostom and Marica have doctorates (in Church History and Classics respectively) from the University of St. Andrews in Scotland, where they met and were married. After working in South Africa from 1983 to 1999, the family moved to Denver. Included among the institutions where Fr. Chrysostom has taught are the University of Cape Town, the University of South Africa, Theological Academy (now the Ukrainian Catholic University) and Seminary in Lviv, St. John Vianney Seminary in Denver, and Regis University. He has given papers at conferences in South Africa, England, Sweden and the United States, and has published articles in various journals, including *Greek Orthodox Theological Review, St. Vladimir's Theological Quarterly, Studia Historiae Ecclesiasticae, Ekklesiastikos Pharos, Theological Studies, Acta Patristica et Byzantina, Eastern Churches Journal,* and *Currents in Theology and Mission*.

Description:

The Greek War of Independence of 1821, set within the context of a rising 19th-century ethnonationalism that culminated in various revolutions throughout Europe, was instrumental in the creation of both the modern Greek state and the modern Greek Church. Freedom from what was experienced as an oppressive Ottoman Empire is crucial for understanding not only the sociopolitical history of present-day Greece, but also for understanding contemporary Greek Orthodoxy as embedded in the Greek nation. Separation from the Ottoman Empire brought with it separation also from the Ecumenical Patriarchate, the ecclesiastical structure that had preserved a catholic, universalist sense within Eastern Orthodoxy, even as it experienced very difficult socio-political circumstances under Turkish hegemony. The newly-found freedom of the Orthodox Church in Greece became intertwined with the ideology of the emerging nation-state. This resulted in a certain loss of the catholic consciousness of Eastern Orthodoxy and the morphing of the Greek Church into a more nationalistic form of Christianity.

Tu 5/11/21 Presentation: Why We Shout 'OPA!' and Spit at Newborns: The Strange and Wonderful Rituals of Greeks

Speakers: Klea Kappos and Elaine Cladis

Klea Kappos and Elaine Cladis are beacons in the Greek community of Denver, having long served with women to advance philanthrophy through their leadership of the Philoptochos Ladies Societies of their respective parishes, The Assumption of the Theotokos Greek Orthodox

Cathedral and St. Catherine's Greek Orthodox Church. They have raised tens of thousands of dollars for good works in their communities and are models of Greek homemaking and traditions.

<u>Description:</u> The customs and traditions of the modern Greek home will come to life as we share the recipes and rituals that enhance Greek lives and uphold Greek heritage. We'll explore why Easter eggs shine a glossy red, the significance of wedding crowns, the toasts and joys of daily Greek life, and soothing rituals of grief.

Tu 5/18/21 | Presentation: Greek Cinema: At Home and in the US

Speakers: Dr. James DeMetro and Constantina Konugres

James DeMetro is Professor Emeritus of English at Bronx Community College of the City University of New York. He has extensive experience in Greek film festival work in the US. He served as founding director of the New York City Greek Film Festival for 11 years and initiated festivals in Boston, Atlanta and Washington DC. In 2018, he founded the Hellenic Film Society USA, a non-profit organization dedicated to promoting Greek cinema throughout the US to audiences of all nationalities. He currently serves as President of the organization.

Constantina Konugres produces premium content at Radical Media for Netflix, Apple TV+, Amazon, Hulu, Starz, PBS, IFC, and History Channel. Her most recent projects include HBO's critically acclaimed "David Byrne's "American Utopia" and Neon's "Spaceship Earth," which premiered at the 2020 Sundance Film Festival. She is on the Board of Directors of the Hellenic Film Society USA and is an active member of New York Women in Film and Television

Description:

Seminar will offer an overview of the current film industry in Greece, informing us about the past and how the industry has changed over the years. We will review some of the strengths and weaknesses of the industry and discuss problems with distribution, particularly in the United States, where the audience for foreign films appears to be shrinking and where theaters are struggling to survive.